

UNIQUE ID:

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Determinants of Under-nutrition in Children and Assessment of Management at Different level of Health Care

FOCUS GROUP DISCUSSION
(FATHER)

Institution/Partner Medical College:

State	
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District	
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Date	D	D	-	M	M	-	Y	Y
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Village	
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Commencing Time	Hr		Min	
Concluding Time	Hr		Min	

INSTRUCTIONS TO BE FOLLOWED WHILE CONDUCTING FGD's

1. Selection of the members for FGD- only Father to be included in the discussion.
2. Total members of the group- 8-10
3. The group members should represent different parts /mohallas of village.
4. Site for group discussion should be quiet, free from disturbance
5. They should sit in a circular manner for visibility and audibility.
6. Start with general information to initiate the discussion.
7. Facilitator should ensure everybody's participation in the discussion
8. Total duration of the discussion: 1-1.5 hours
9. Record the entire process

(Please refer to the detailed guidelines before embarking onto any FGD)

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Background information of the participants

	Name	Age	Educational level
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

FGD TOPIC GUIDE

Father (0-2 yrs) and Father (2-5 yrs)

- Show photograph of well nourished baby
How does this baby look?
- Show the photograph of undernourished baby
- What is the difference between the two babies?

(Remove the photograph of well nourished child)

- Reasons for this baby being undernourished

FEEDING ADEQUACY

- What is good food for your children?

What foods are preferentially given and why
What foods are not given/ avoided and why

- What does your family do to make sure that the child is in good health and well nourished?
- What is the role of father in food/nourishment of the child?
- In what circumstances does the father intervene? What do you do and why
- According to your view which is the best food for the new born and why
- How do you know what he wants to eat and how many times he/she should be fed?
- What special is cooked in your family and why?
- Any modification done in adult food?

If yes- What is done?
Why it is done

THRIVING

- How do usually you know that the child is not growing well
- What all do the parents do when the child is not growing well

CARE OF THE CHILD

- What is good care for children?
- How is the care provided in the absence of mother?
- Role of father in care of child?
- If sickness occurs, who take care of child at home
- What is the role played by father in the child care activities (feeding, playing, bathing, etc)
- Why do you think your children should be in a clean and hygienic environment?
- Reason for baby being born small
- What kind of care given to babies born weak and small?

- Perception of father about reasons for babies born weak and later becoming healthy
- Perception of fathers about reasons when babies born healthy and later becoming weak

Gender

- What special care and food is given to male children so that they remain healthy?
- What special care and food is given to female children so that they remain healthy?

DOMESTIC VIOLENCE

- What happens to the health and nutrition of the child if relationship between husband and wife (mother and father) are not cordial
- What happens to the health and nutrition of the child if there is too much of quarrelling among family members

FOOD SECURITY

- How do you ensure adequate food for everybody in your family?
- What are those situations when food availability becomes less particularly for children below 5 yrs?
- Whose health and nutrition is affected most when there is less food available in home?

Show photograph of well-nourished baby

- Suggestions for improving health of undernourished baby to healthy child