

UNIQUE ID:

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**Determinants of Under-nutrition in Children and
Assessment of Management at Different level of Health
Care**

FOCUS GROUP DISCUSSION
(ANM/AWW/ASHA)

Institution/Partner Medical College:

State	
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District	
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Date	D	D	-	M	M	-	Y	Y
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Village	
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Commencing Time	Hr		Min	
Concluding Time	Hr		Min	

INSTRUCTIONS TO BE FOLLOWED WHILE CONDUCTING FGD's

1. Selection of the members for FGD- ANM/AWW/ASHA
2. Total members of the group- 8-10
3. The group members should represent different parts /mohallas of village.
4. Site for group discussion should be quiet, free from disturbance
5. They should sit in a circular manner for visibility and audibility.
6. Start with general information to initiate the discussion.
7. Facilitator should ensure everybody's participation in the discussion
8. Total duration of the discussion: 1-1.5 hours
9. Record the entire process

(Please refer to the detailed guidelines before embarking onto any FGD)

Determinants of Under-nutrition in Children and Assessment of Management at Different level of Health Care

Background information of the participants

	Name	Age	Educational level
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

FGD TOPIC GUIDE

ANM/AWW/ASHA

- Show photograph of well nourished baby
 - How does this baby look?
- Show the photograph of undernourished baby
- What is the difference between the two babies?

(Remove the photograph of well nourished child)

- Reasons for this baby being undernourished

FEEDING ADEQUACY

- What is good food for children?

What foods are preferentially given and why in your community

What foods are not given/ avoided and why in your community

- In your opinion is the mother's daily routine affected when the child starts to eat foods (other than breast milk)
- How do you parents/family know when to increase quantity of food being fed to the child? Why it is done
- What are practices related to weaning and complementary feeding in your community?
- What is the usual practice regarding exclusive breastfeeding in your community?

THRIVING

- How do usually parents know that the child is not growing well
- What all do the parents do when the child is not growing well

CARE OF THE CHILD

- What is good care for children? (Also Probe for special care for boy and girl)
- How is Care provided in the absence of mother?
- Why do mothers keep their children clean and in hygienic environment? What is the benefit of this cleanliness to the child
- Reasons for baby being born small
- What kind of care given to babies born weak and small in your community?
- Perception about reasons for babies born weak and later becoming healthy
- Perception of about reasons when babies born healthy and later becoming weak

Gender

- What special care and food is given to male children so that they remain healthy in your community?
- What special care and food is given to female children so that they remain healthy in your community?

Domestic Violence

- What happens to the health and nutrition of the child relationship between husband and wife (mother and father) are not cordial
- What happens to the health and nutrition of the child if there is too much of quarrelling among family members (other than father and mother)

HEALTH SEEKING

- Health seeking behavior of the families during sickness
- Decision making process in the families for seeking care
- How do you guide the families (mothers and fathers) for maintain the nutritional status of their children?
- How do you guide the families (mothers and fathers) for improve the nutritional status of their children who are undernourished?

Prevention of sickness

- Immunization
- Hygiene
- Feeding

Show photograph of well-nourished baby

- Suggestions for improving health of undernourished baby to healthy child